

Hearty Mushroom-Bean Soup

(Ready in about 25 minutes | Servings 4)

Ingredients

1 pound mushrooms, thinly sliced

1 onion, chopped

1 cup canned white beans

1 large-sized parsnip, chopped

1 celery stalk, finely chopped

2 carrots, trimmed and thinly sliced

2 cloves garlic, minced

4 cups vegetable stock, preferably homemade

2 cups crushed fresh tomatoes

1/2 teaspoon dried oregano

1/2 teaspoon dried basil

1 teaspoon sea salt

1/2 teaspoon freshly ground black pepper

Directions

Drop all ingredients into the Instant Pot; stir until everything is well combined.

Cover with the lid according to manufacturer's directions; choose "MANUAL" function and "HIGH" pressure for 20 minutes. Serve hot.